



KELLIE O'DARE

University of Central Florida - 2nd Alarm Project

Dr. Kellie O'Dare is a researcher, educator, and advocate specializing in first responder health and wellness. As the Founder and Director of the 2nd Alarm Project and Research Associate Professor at UCF RESTORES, Dr. O'Dare has led initiatives to support first responders' mental health and resilience.

With a Ph.D. in Social Work, her work bridges academic research and real-world solutions, significantly improving behavioral health support systems. Dr. O'Dare has secured \$8 million in funding, driving advancements in first responder wellness. She is also personally connected to the community, being the niece of a firefighter/paramedic killed in the line of duty and the spouse of a Florida firefighter/paramedic.