

## CUE COLUMN

## NOTE-TAKING COLUMN

### Record

1. During class, take notes here.

### Reduce

2. When class is over, write practice test questions or key words based on your notes in the note-taking column.

\*\*\* TIP \*\*\*

*Writing your own test questions is the perfect set-up for exam studying later! Coming up with questions or cues helps strengthen memory.*

### Recite

3. Cover up this column with a sheet of paper. Look at the practice test questions in the Cue column. Say aloud, in your own words, the answers to these questions.

## SUMMARY

### Reflection

4. Summarize and reflect upon the material in this section.

Ask yourself:

- What is the significance of these facts?
- How does this fit in with what I already know?
- How can I apply this?

### Review

5. Spend at least ten minutes each week reviewing these notes. Repeated practice will help with send this new information into your long-term memory!